



My Life | *Sharing my memories*

From your friends at Physicians Life Insurance Company

By _____

Date Completed _____

PMW-0074

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a member of the Physicians Mutual family



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This booklet offers a special place to record and share your story with family and loved ones. Take your time, complete as much as you want – the parts most important to you.

You'll enjoy recalling special memories for your family, as well as past events that have created the fabric of your life – and made you the person you are.

In addition to being a wonderful way to share life events, this booklet provides a convenient place to record your memories and to share how you wish to be remembered after you're gone.

Once you've completed the booklet, give it to a loved one or keep it with your other important papers. Your family will likely use it as a guide when planning your memorial event.

This is a gift your family will cherish for years to come.

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Memorable Events in My Life

My favorite memories of my parents and siblings

Favorite memories of where I grew up

My friends, favorite toys or activities; a special pet(s)

I attended these schools

My favorite school memories

My favorite job ever, and why

Where and how I met my spouse/significant other

Fondest memories of family or friends

People, Places and Memories

The most important person in my life as I grew up

The nicest thing I ever did for someone or that someone did for me

My favorite family vacation memories

The best advice ever given to me, and by whom

The happiest moment in my life

One of my favorite stories

My favorite family memories

My favorite place(s)

Thoughts I Leave With My Family

What I hope people remember about me

Words of wisdom or advice

I wish to be buried/cremated

This is what I would like for my funeral or memorial service

Include my favorite music and special verses, along with these messages

I have made arrangements with this funeral home

Important Details About My Life

My date and place of birth

Father's name and place of birth

Mother's name and place of birth

Names of my brothers and sisters

My nickname

Military service

Education completed

Churches I have attended and current membership

Organizations and causes that have always been important to me

Memorial contributions should be sent to (charities, favorite organizations)
