

Declutter Calendar

(For your trash, contact your city or town for information on recycling programs, and how to safely dispose of paint, cleaners, garden chemicals, automotive products, compact fluorescent lightbulbs, batteries, electronics, etc.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1: Kitchen	Trash day Throw away 10 items in your kitchen that have been there for more than 6 months.	Pantry/cupboard Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Utensil drawer Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Catch-all drawer Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Under the sink Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Free day!	Big bag day Fill a sturdy bag or box for donation with good-condition dishes, pots and pans you no longer use.
Week 2: Garage	Trash day Throw away 10 items in your garage that have been there for more than 6 months.	Tools (pliers, etc.) Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Giveaway day Find an item in your home or garage you don't use and give it to someone who needs it.	Lawn/garden items Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Free day!	Paint/auto oil, etc. Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Hot spot Clean up the hot spot in your home where most of the clutter accumulates.
Week 3: Bedroom	Trash day Throw away 10 items in your bedroom that have been there for more than 6 months.	Drawer Pick a dresser drawer. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Closet Pick a closet. Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Free day!	Closet Finish the closet. Declutter for 15 min. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Drawer Pick another drawer. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Big bag day Fill a large bag for donation with good-condition clothing you no longer wear.
Week 4: Desk	Trash day Throw away 10 items around your desk or home office that have been there for more than 6 months.	Drawer Pick a desk drawer. <ul style="list-style-type: none"> • Throw away • Give away • Put away 	Organize old photos <ul style="list-style-type: none"> • Throw away • Give away • Put away/organize 	Organize paperwork Declutter for 15 min. <ul style="list-style-type: none"> • Throw away/shred • Put away/file 	Giveaway day Find an item in your home you don't use and give it to someone who needs it.	Free day!	Hot spot Clean up the hot spot in your office where most of the clutter accumulates.