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Physicians Mutual® Recognizes Chung as Agent of the Month

Omaha, Neb., June 18, 2009 – Physicians Mutual Insurance Company's President and CEO **Robert A. Reed** is pleased to announce **Kai Chung** was named Agent of the Month for two consecutive months. From a sales force of more than 1,000 agents nationwide, Chung earned the highest number of sales in March and April.

Chung began his career with Physicians Mutual in 2005. He was Rookie Agent of the Year in 2006 and earned the most first year commissions of all new agents in 2006. He specializes in Medicare Supplement, Long Term Care, Life, and Annuities sales.

Chung and his wife, Ann, live in Sacramento, California with their daughter, Anaia and son, Jaidan.

About Physicians Mutual®

Physicians Mutual Insurance Company and Physicians Life Insurance Company, a member of the Physicians Mutual family, provide a full portfolio of health and life insurance products, as well as financial products. The companies have total assets exceeding \$2.7 billion.

Both Physicians Mutual and Physicians Life consistently receive high grades from independent insurance analysts. They have an A.M. Best rating of "A (Excellent)," based on financial strength. TheStreet.com Ratings gives Physicians Mutual an "A+ (Excellent)" and Physicians Life an "A- (Excellent)" based on financial security.

Founded in 1902, Physicians Mutual headquarters are in Omaha, Nebraska.